

Important Notes on Camp

Climate, Clothing, and Bedding:

The weather in the Santa Rosa mountains is unpredictable. It can vary from cool and wet, to hot and dry. Please be prepared for both. To check weather on the Internet, search for zip code 95404 or “Santa Rosa, CA.” To ensure your comfort, please bring clothes you can use as “layering” to take you from cold mornings through hot days and again to cool evenings. Camp does not provide bedding or linens. For use in cabins, we recommend bringing a twin fitted sheet and sleeping bag or sheets and blankets, plus a pillow and pillowcase. If you plan to bring sleeping bags, you may also want a top sheet for warmer nights. We recommend a sleeping bag rated for 20°F; an indoor “sleepover” bag is not warm enough for camp.

Location, location, location:

Camp Newman is situated in the Santa Rosa Mountains. Our grounds are spread out, and it can be a short walk from the sleeping cabins to the dining hall and other programmatic areas. We recommend bringing sturdy walking shoes and a daypack for carrying a water bottle, sweatshirt and other necessities for daily use. There is electricity in the cabins and lighted walkways but we still recommend bringing a flashlight for each member of your family.

For those with infants and young children:

We recommend bringing a portable crib (such as a Pack and Play), a durable stroller for non-paved trails and roads, a baby bjorn or other similar item, a sassy seat, high chair and other necessities for caring for infants away from home.

Additional information:

There is no need to bring extra food, as we’ll feed you around the clock! Food is not allowed in cabins because you don’t want to attract uninvited pests! If there are a couple food items that you or child cannot be without, we will provide kitchen space for those items.

We know how important a family trip is, but please leave your family pet at home; pets are not allowed in camp.

While there is limited cell phone access at Camp Newman, we ask that you turn off your electronic devices for the duration of the weekend. We hope that everyone will leave behind the routine of daily life and connect with others and the healing power of nature.

In case of emergencies only, you can call 707-568-6978 (daytime/Camp Newman office).

In addition to whatever you need personally, we invite you to bring some personal items and mementos which will be used during the program:

- *Photos, names, memories, flowers, candles and whatever else you wish to bring along to create a special Kaddish (memorial) space.*
- *Pieces of cloth that either belonged to your loved one or has special meaning for you in relationship to your mourning experience. The cloth will be sewn into a communal mourner's shawl, representing the "Wings of the Shehina".*
Please bring cloth you can part with as you will not be bringing it home.
- *A cardboard box (shoe box size) to craft a personal or family "toolbox" to take home.*

Recommended Checklist for EACH person in your family:

- Sheet to cover mattress (twin-sized will do), plus optional top sheet
- Warm sleeping bag (*let us know asap if you do not have one*)
- Pillow & pillow case
- 1 Towel (plus a 2nd one if you plan to go swimming)
- 3 pairs of socks & underwear
- 1 pair of long pants and 2 pair of shorts
- 3 T-shirts and 1 long sleeved shirt
- Warm Jacket, sweater or sweatshirt, and rain gear
- Sun Hat and/or scarf
- 1 pair of sandals and 1 pair comfortable shoes for walking about camp and for hiking
- Soap, toothbrush and toothpaste, comb or brush
- Prescription Medications
- Porta-crib, sassy seat, high chair, and other infant accessories
- Sunscreen and insect repellent
- Flashlight with batteries
- Alarm clock (*battery or wind-up*)
- Canteen or water bottle for hiking (*one quart*)
- Day Pack
- Bathing suit

Optional Items Checklist for EACH person in your family:

- Sporting Gear (i.e. softball mitt)
- Costumes and props for the Family Talent Show
- Musical Instruments (guitar, saxophone etc.)
- Book
- Camera
- Goggles for swimming pool