



# Professional Grief Caregivers' Network Membership Resource Directory

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Please check your listing for accuracy.

For changes, please contact:

**Pamela Brown**

**Bay Area Jewish Healing Center**

**[pbrown@ioaging.org](mailto:pbrown@ioaging.org) or 415-750-3436**

**Save these 2011 PGCN meeting dates:**

January 20, April 21, July 21 & October 27\*

Quarterly meetings are scheduled on the third Thursday of the month  
(except in October, when we will meet on the fourth Thursday of the month)  
from 3:00pm – 5:00pm at California Pacific Medical Center,  
Davies Campus in San Francisco.

The MRD will be distributed at our January 2011 meeting.

*This is not intended to be a comprehensive directory of all grief-related services in the Bay Area. This directory represents agencies and private practices with the Professional Grief Caregivers' Network (PGCN).*



**Bay Area Jewish Healing Center (continued)**

Contact: Rabbi Natan Fenner  
Phone: (415) 750-4129  
Email: nfenner@ioaging.org

Position: Rabbi

Contact: Rabbi Jon Sommer  
Phone: (415) 750-4198  
Email: jsommer@ioaging.org

Position: Volunteer Coordinator, Rabbi

Contact: Rabbi Elliot Kukla  
Phone: (415) 750-3440  
Email: ekukla@ioaging.org

Position: Rabbi

Contact: Pamela Brown  
Phone: (415) 750-3436  
Email: pbrown@ioaging.org

Position: Program Coordinator

Grief services provided: Rabbinic counseling, Jewish hospice care, spiritual bereavement support groups, funeral and memorial service planning and officiation.

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**California Pacific Medical Center (CPMC)**

P.O. Box 7999  
San Francisco, CA 94120

Contact: Linda Blum, NP, GNP  
Phone: (415) 600-4576  
Fax:  
Email: [bluml@sutterhealth.org](mailto:bluml@sutterhealth.org)

Position: Palliative Care Services

Contact : Melaina Eller, RN, MS, CNS  
Phone: (415) 600-4577  
Fax:  
Email: [EllerM@sutterhealth.org](mailto:EllerM@sutterhealth.org)

Position: Palliative Care CNS

Contact : Terry Forman  
Phone: (415) 600-5074  
Fax:  
Email: [formant@sutterhealth.org](mailto:formant@sutterhealth.org)

Position: Social Worker

Contact : Jackie Matzen  
Phone: (415) 600-5374  
Fax:  
Email: [matzenj@sutterhealth.org](mailto:matzenj@sutterhealth.org)

Position: Volunteer Coordinator

Grief services provided: Support for patients, families and hospital staff.

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**Pregnancy After Loss Group**  
**California Pacific Medical Center**  
3698 California Street, 1st Floor  
San Francisco, CA 94118

Contact: Cherie Golant, LCSW  
Phone: (415) 600-BABY (2229)  
Fax:  
Email: [cpmcnewborn@sutterheath.org](mailto:cpmcnewborn@sutterheath.org)

Position: Founder/Facilitator

Grief services provided: The support group addresses in a safe, open environment, the concerns of bereaved parents who have started another pregnancy. Mourners gather to share information, feelings and support with other parents who are pregnant after miscarriage, stillbirth or infant death. Partners are especially encouraged to attend. Group meetings are on the 3rd Wednesday of the month, 7-9 PM in the Newborn Connections Library.

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**Compassionate Community Care**  
1426 Fillmore Street, Suite 207  
San Francisco, CA 94115

Contact: Quanhong Qiu  
Phone: (415) 921-5038  
Fax: (415) 921-5037  
Email: [cho@compassionatehomecare.org](mailto:cho@compassionatehomecare.org)

Position: Executive Director

Grief services provided: In-home care provider.

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**Crossroads Home Care & Hospice**  
1109 Vicente St , #104  
San Francisco, CA 94116

Contact: Robert Rothmith  
Phone: (415) 682-2111  
Fax: (415) 682-2112  
Email: none

Position: Chaplain and Volunteer Coordinator

Contact: Lin Morrison, LCSW  
Phone: (415) 682-2111  
Fax: (415) 682-2112  
Email:

Position: Medical Social Worker

Grief services provided: Supportive counseling to patients, families and caregivers; community resources as needed to strengthen and reinforce skills in coping with issues related to terminal diagnosis and anticipating grief; bereavement services.

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**Hospice By The Bay**

1902 Van Ness Ave., 2<sup>nd</sup> floor  
San Francisco, CA 94109  
Fax: (415) 626-7800

Contact: Carol Schlesinger, LCSW  
Phone: (415) 626-5900  
Email: cshlesinger@hospicebythebay.org

Position: Bereavement Coordinator

Contact: Andrea Bass, M.F.T., ATR  
Phone: (415) 626-5900  
Email: abass@hospicebythebay.org

Position: Youth Bereavement Counselor

Contact: Tova Green, LCSW  
Phone: (415) 626-5900  
Email: tgreen@hospicebythebay.org

Position: Social Worker

Grief services provided: Individual counseling, grief support groups including adult drop-in adult loss of parent; gay men loss of partner, grief and art, grief and spirituality, Creating a New Normal.

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**Hospice of the Bay**

17 E Sir Francis Drake Blvd, Ste. 100  
Larkspur, CA 94939-1708

Contact: Lauren Kenney  
Phone: (415) 927-2273  
Email: lkenney@hospicebythebay.org

Position: Bereavement Services Manager

Grief services provided: Individual anticipatory grief and bereavement counseling for adults and children in both English and Spanish; support groups for adults and children; summer camp for children; school program; community presentations.

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**Institute on Aging, Department of Psychology & Center for Elderly Suicide Prevention**

3575 Geary Boulevard  
San Francisco, CA 94118  
Fax: (415) 750-4136

Contact: Patrick Arbore  
Phone: (415) 750-4180 x230  
Email: PArbore@ioaging.org

Position: Director

Grief services provided: Providing support groups, individual therapy, emotional support/counseling through a 24-hour Friendship Line, consultations, and cognitive and psychological testing.

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**Jewish Home**

302 Silver Avenue  
San Francisco, CA 94112

Contact: Art Hofmayer, MFT  
Phone: (415) 469-2297  
Email: ahofmayer@earthlink.net

Position: Social Worker

Grief services provided: Anticipatory grief/end-of-life and bereavement counseling with families and residents.

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**Jewish Family & Children's Services of San Francisco**

2150 Post Street  
San Francisco, CA 94115

Contact: Debbi Goodman  
Phone: (415) 449-3832  
Email: debbig@jfcs.org

Position: Coordinator, Volunteer Services for Seniors at Home

Contact: Rabbi Daniel Isaacson  
Phone:(415) 449-3879  
Email: [danieli@jfcs.org](mailto:danieli@jfcs.org)

Position: Director of Spiritual Care Services

Contact: Abby Kovalsky

Position: Supervisor of Case Management in Adult Services, AIDS, Chronic Illness, and Disabilities Program Coordinator

Phone:(415) 449-1224  
Fax: (415) 449-1253  
Email: [abbyk@jfcs.org](mailto:abbyk@jfcs.org)

Grief services provided: Individual and group griefcare. Support for volunteers who support seniors  
Anticipatory grief/end-of-life and bereavement counseling with families and residents.

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**Josie's Place for Bereaved Youth and Families**

3288- 21<sup>st</sup> Street, #139  
San Francisco, CA 94110

Contact: Patricia Murphy  
Phone: (415) 513-6343  
Email: [info@josiesplace.org](mailto:info@josiesplace.org)  
Website: [www.josiesplace.org](http://www.josiesplace.org)

Position: Program Director

Grief services provided: on-going group support for children and teens and their surviving parents and caregivers.

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**Kaiser Hayward Hospice**

30116 Eigenbrodt Way

Union City, CA 94587

Serving Greater South Alameda County (Fremont-Union City-Hayward- San Leandro)

Contact: Stephanie Eckhaus, LCSW

Position: Bereavement Coordinator

Phone: (510) 675-5792

Email: Stephanie.g.Eckhaus@kp.org

Grief services provided: Bereavement care for community members as well as family members of Kaiser patients, including information & referral; telephone consults; individual counseling; bereavement workshops and groups; community outreach; and an annual Day of Remembrance. For professionals and trainees: inservice training; bereavement coordinators' networking; and internship opportunities for advanced mental health and chaplaincy students to receive training in bereavement care.

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**Kaiser Hospital- San Francisco**

4131 Geary Blvd., 3rd Floor

San Francisco, CA 94118

Contact: Mary Tarbell-Green

Position: Chaplain

Phone: (415) 833-3173 or 415-833-3655

Email: mary.t.green@comcast.net

Grief services provided: Support to hospice patients and their families.

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**Kara**

457 Kingsley Ave

Palo Alto, CA 94301

Fax: (650) 473-1828

Contact: Jim Bronson

Position: Director, Communication Outreach and Education

Phone: (650) 321-5272

Email: jbrons@aol.com

Contact: Shelly Gillan

Position: Client Service Coordinator

Phone: (650) 321-5272 x 22

Email: [shelly@kara-grief.org](mailto:shelly@kara-grief.org)

Contact: Cyndy Ainsworth

Position: Executive Director

Phone: (650) 321-5272 x 12

Email: [cyndy@kara-grief.org](mailto:cyndy@kara-grief.org)

Grief services provided: One-on-one peer support; groups for families and children; crisis intervention trainings, in-services, presentations, conferences.

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**Mission Hospice of San Mateo County**

1900 O'Farrell Street, Suite 200  
San Mateo, CA 94403

Contact: Cindy Carlson

Position: Bereavement Coordinator

Phone: 650-931-8236

Fax: 650-554-1018

Email: [ccarlson@missionhospice.org](mailto:ccarlson@missionhospice.org)

Website: [www.missionhospice.org](http://www.missionhospice.org)

Grief services provided: Weekly drop-in bereavement support group and bereavement counseling to individuals, couples, and families.

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**Oak Tree Bereavement Center**

**Grief Support for Teens and Adults**

1500 Perez Drive

PO Box 1827

Pacifica, CA 94044

Contact: Deborah Nagle-Burks, PhD

Position: Executive Director

Phone: (415) 806-7169

Fax: (650) 355-7169

Email: [oaktreebc@sbcglobal.net](mailto:oaktreebc@sbcglobal.net)

Website: [www.oaktreebereavement.org](http://www.oaktreebereavement.org)

Grief services provided: individual grief support; sibling grief; teen grief; groups.

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**Pathways Hospice**

395 Oyster Point Blvd.

South San Francisco, CA 94080-1928

Contact: Tricia Dodds, MFT

Position: Bereavement Coordinator

Phone: (650) 808-4603

Email: [tdodds@pathwayshealth.org](mailto:tdodds@pathwayshealth.org)

**Pathways Hospice**

7901 Oakport Street, Ste. 3500

Oakland, CA 94621

Contact: Neave Higgins, LCSW

Position: Bereavement Coordinator

Phone: (510) 632-4390

Email: [nhiggins@pathwayshealth.org](mailto:nhiggins@pathwayshealth.org)

**Pathways Hospice**

585 N. Mary Avenue  
Sunnyvale, CA 94080

Contact: Chris Taich, LCSW  
Phone: (408) 773-4282  
Fax: (408) 730-8726  
Email: ctaich@pathwayshealth.org

Position: Bereavement Manager

Contact: Christine Merriman, LCSW  
Phone: (408) 773-4329  
Email: cmerriman@pathwayshealth.org

Position: Bereavement Services Manager

Grief services provided: Provides bereavement support groups, workshops, one on one support to individuals, children & families, and phone support.

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**Ronald McDonald House of San Francisco**

1640 Scott Street  
San Francisco, CA 94115

Contact: Kevin Urda  
Phone: (415) 673-0891  
Fax:  
Email: kevin@ronaldhouse-sf.org

Position: Program Manager

Grief services provided: Houses families with critically ill children.

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**St. Mary's Medical Center**

450 Stanyan Street  
San Francisco, CA 94117

Contact: Ruth Schulenberg  
Phone: 415-750-5719  
Email: ruth.vschulenberg@chw.edu

Position: Manager for Spiritual Care

Grief services provided: Bereavement support groups

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**Sutter Visiting Nurses and Hospice of San Francisco**

1 South Van Ness Ave., 8<sup>th</sup> Floor  
San Francisco, CA 94103

Contact: Gaylene Newquist, LCSW  
Phone: (415) 600-0468  
Email: [newquist@sutterhealth.org](mailto:newquist@sutterhealth.org)

Position: Bereavement Coordinator

Contact: Aimee Tomczak, LMFT  
Phone: (415) 600-0467  
Email: tomczaa@sutterhealth.com

Position: Bereavement Coordinator

Grief services provided: Anticipatory grief counseling and bereavement groups and counseling for families and friends of hospice patients.

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**Sutter Visiting Nurses and Hospice of San Mateo**

700 South Claremont Street, Ste. #220  
San Mateo, CA 94402

Contact: Stephanie Amsden  
Phone: (650) 685-2830  
Email: amsdens@sutterhealth.org

Position: Bereavement Program Coordinator

Contact: Jennifer Wilson, LMFT  
Phone: (650) 685-2822  
Fax:  
Email: wilsonj2@sutterhealth.org

Position: Bereavement Coordinator

Grief services provided: Provides bereavement support groups and one on one support.

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**The Jewish Chaplaincy at Stanford University Medical Center**

300 Pasteur Drive, Suite H1401  
Stanford, CA 94305-5625  
Fax: (650) 725-8907

Contact: Chaplain Bruce Feldstein, MD  
Phone: (650) 723-5101/(650) 723-3808  
Email: bfeldstein@stanfordmed.org

Position: Director, Chaplain

Contact: Dvora Rose, MA, RN  
Phone: (650) 723-5101  
Email: dvorahlynn@stanfordmed.org

Position: Assistant Jewish Chaplain

Contact: Rev. Susan Scott  
Phone: (650) 723-5101  
Email: suscott@stanfordmed.org

Position: Decedent Care Chaplain

Grief services provided: Spiritual, religious and ethical support to patients and families, physicians, staff and students at Stanford Medical Center.

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**Trauma Outreach Associates**

582 Market Street  
San Francisco, CA 94104

Contact: Wilma Bass  
Phone: (415) 772-9999  
Email: wbass@traumaoutreach.com

Position: Co-director

Contact: Vanessa Watt  
Phone: (415) 772-9999  
Email: vwatt@traumaoutreach.com

Position: Co-director

Grief services provided: Helping organizations and their staff cope with critical incidents and the psychological impact of trauma.

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**Veteran's Affairs Medical Center**  
4150 Clement Street; NHCU, #181NH  
San Francisco, CA 94121

Contact: Kathleen Zalecki, LCSW  
Phone: 415-221-4810 x 4265  
Email:

Position: Social Worker for medical patients

Contact: Sharon Ezekiel, LCSW  
Phone: 415-221-4810 x 3224  
Email: Sharon.ezekiel@va.gov

Position: Social Worker for medical patients

Grief services provided: Assessment and referral.

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**Women's Health Resource Center: CPMC**  
3698 California Street  
San Francisco, CA 94118

Contact: Barbara Silver  
Phone: (415) 600-0500  
Email:

Position: Director

Grief services provided: Offers groups: People Living with Cancer, Women Survivors of Cancer, and one on one support with families.

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**Zen Hospice Project**  
273 Page Street  
San Francisco, CA 94102-5616

Contact: Jennifer Block, MA  
Phone: (415) 863-2910  
Fax: 415-863-1768  
Email: [jblock@zenhospice.org](mailto:jblock@zenhospice.org)

Position: Public Education Director & Chaplain

Grief services provided: Hospice, bereavement groups and volunteer training.

## LICENSED AND NON-LICENSED PRACTITIONERS

### **Meg Porter Alexander, Buddhist Priest**

538 Tucker Street  
Healdsburg, CA 95448  
Phone: 707-431-8767

Grief services provided: Offers a “Ceremony for Children Who Have Died” twice a year at Green Gulch Farm in Marin County. Meg has experience as a hospital chaplain, hospice worker, and the manager of Koret Family House at UCSF.

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### **Susanna Bensinger, LCSW**

2100 Pacific Ave, #3A  
San Francisco, CA 94115  
Phone: (415) 292-6905

Grief services provided: Private Practice.

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### **Cheryl Bartky, M.A., National Certified Counselor, Board Certified Dance-Movement/Creative Arts Therapist, Spiritual Director**

2606 Vale Road  
San Pablo, CA 94806  
Phone: (510) 299-4190  
Email: [SanctuarySuccess@sbcglobal.net](mailto:SanctuarySuccess@sbcglobal.net)

Grief Services Provided: Spiritually oriented counseling, dance-movement and creative arts therapies, and spiritual direction for mourners and others in life transition.

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### **Andrea Bass, MFT, Board Certified Art Therapist**

652 Funston Avenue  
San Francisco, CA 94118  
Phone: (415) 647-3577  
Email: [aerdnab@aol.com](mailto:aerdnab@aol.com)

Grief Services Provided: Andrea meets with children, adolescents and adults dealing with grief, loss and trauma using art therapy and other expressive arts modalities, play therapy, sandplay, mindfulness practices and hypnotherapy.

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### **Linda Blachman, MPH, MA**

2011 Cedar Street  
Berkeley, CA 94709  
Phone: 510-540-8755  
Email: [linda@lindablachman.com](mailto:linda@lindablachman.com)  
Web sites: [www.lindablachman.com](http://www.lindablachman.com)

[www.motherslivingstories.org](http://www.motherslivingstories.org)

Grief services provided: Individual life coaching for people who are in transition or have experienced a loss (serious illness, bereavement, divorce). Personal histories, including memory books. Founder of the Mothers Living Stories Project: recording life stories of mothers living with cancer for their children.

**Liora Brosbe, MFTi**

Phone: (510) 848-1897

Email: [liora.brosbe@gmail.com](mailto:liora.brosbe@gmail.com)

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**Adele Brookman, LMFT**

Office near UCSF – Inner Sunset

San Francisco, CA

Phone: (415) 681-7090

Email: [adelebrookman@earthlink.net](mailto:adelebrookman@earthlink.net)

Website: [adelebrookman.com](http://adelebrookman.com)

Grief services provided: Private practice. Holistic therapy promoting nurturing self-care for grief and loss, anxiety and depression, and life-threatening illness; individuals, couples, and groups

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**Abby Caplin, MD, M.A.**

257 Connecticut Street, #3

San Francisco, CA 94107

Phone: (415) 255-9981

Email: [acaplin@sbcglobal.net](mailto:acaplin@sbcglobal.net)

Web: [www.starfishpartners.com/ca/acaplinmd](http://www.starfishpartners.com/ca/acaplinmd)

Grief services provided: Private therapy practice. Support and guidance for those with illness or medical conditions; individuals and family members.

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**Betty J. Carmack, R.N., Ed.D., C.T.**

449 Melrose Street

San Francisco, Ca. 94127

Phone: (415) 334-5036

Email: [carmack@usfca.edu](mailto:carmack@usfca.edu)

Web: [www.bettyjcarmack.com](http://www.bettyjcarmack.com)

Grief services provided: Grief Counseling for Pet Loss support before, during and after the loss of a loved animal companion. Author, *Grieving the Death of a Pet*

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**Miriam Chase, LCSW**

Phone: (415) 673-8970

Grief services provided: Behavioral health consultants for families who lost members to drug addiction. Specialist in geriatrics.

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**Karen Geiger**

2010 #B Francisco Street

Berkeley, CA 94709

Phone: (510) 841-1375

Email: [karen4317@sbcglobal.net](mailto:karen4317@sbcglobal.net)

Grief services provided: Grief and bereavement support for patients and their families.

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**Carol Gerstein, LCSW**

P.O. Box 460278  
San Francisco, CA 94146-0278  
Phone: (415) 415-378-3211  
Email: [cbgerstein@yahoo.com](mailto:cbgerstein@yahoo.com)

Grief services provided: Psychotherapy and consultation, specializing in life transitions including grief and loss; issues of aging including dementia; palliative care and end-of-life concerns including advance care planning; and caregiving.

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**Deb Gitlin, Children's Educator and Grief Counselor**

Incorporating Degriefing® and Yoga  
Phone: 408-340-0219  
Email: [debbogit@yahoo.com](mailto:debbogit@yahoo.com)

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**Nancy Iverson, M.D.**

415-292-0777  
[Niverson7@earthlink.net](mailto:Niverson7@earthlink.net)

Grief services provided: As part of *Support for Families of Children with Disabilities*, facilitates "Living with Illness/Living With Loss," a group for parents of medically fragile children/and or parents of children who have died.

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**Charles A. Jonas, JD, MFTi**

351 California, Suite 550  
San Francisco, CA 94104  
Phone: (415) 981-1540 or (415) 248-1711  
Email: [chasjonas@earthlink.net](mailto:chasjonas@earthlink.net)

Grief services provided: Charlie is an estate planning and probate lawyer and Marriage and Family Therapist intern. He received his clinical training at Hospice by the Bay and has recently opened a private therapy practice, although he still happily accepts legal referrals.

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**Stephanie Kipperman, LCSW**

PO Box: 225112  
San Francisco, CA 94122  
Phone: (415) 665-5135  
Email: [sjkip@aol.com](mailto:sjkip@aol.com)

Grief services provided: Private Practice: Individuals and couples. Pstchosocial/CBT approach. Focus on life transtitions including grief and loss. Counseling in Russian and English.

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**Patricia Murphy, CPCC**, a certified professional life coach.  
265 Lexington Street  
San Francisco, CA 94110  
Phone: (415) 695-0642  
Email: patmurphysf@hotmail.com

Grief services provided: Individual grief support; individual life coaching for people who are in transition or have experienced a loss; Founding Director of Josie's Place, a program that provides on-going group grief support in San Francisco to children, adolescents and their families who have experienced a loss.

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**Gaylene Newquist, LCSW**  
101 Embarcadero, suite 213  
San Francisco, CA 94105  
Phone: (415) 206-1004

Grief services provided: Private Practice in San Francisco. Work with individuals and families specializing in transition and resiliency. E.M.D.R. for treatment of trauma.

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**Lee L. Pollak, LCSW**  
Phone: (415) 922-7176  
Email: llpollak@ioaging.org

Grief services provided: Private Practice in San Francisco. Specializing in grief-care and other life transitions.

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**Lyn Prashant, MA, CT, CMT**  
Degriefing  
[www.degriefing.com](http://www.degriefing.com)  
Phone: (415) 457-2272  
Email: [lyn@degriefing.com](mailto:lyn@degriefing.com)

Grief services provided: Grief counseling, degriefing process, presentations and seminars.

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**Meira Salman, MFT**  
2509 Milvia Street, Room #2  
Berkeley, CA 94704  
Phone: (510) 548-5160

Grief services provided: Private Practice. Individual and group psychotherapy for adults, adolescents, children. Currently a group for people who lost a loved one.

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**Carol Schlesinger, LCSW**  
423 Gough Street  
San Francisco, CA 94102  
Phone: (415) 431-9320

Grief services provided: Individual and couples counseling, specializing in grief and loss, adult loss of a parent group.

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**Shira Shore, MFT**

584 43rd Avenue  
San Francisco, CA 94121  
Phone: (415) 386-7853  
Email: [shiralyn@pacbell.net](mailto:shiralyn@pacbell.net)  
website: [www.shirashore.com](http://www.shirashore.com).

Grief services provided: Private Practice. Individuals, couples, families, groups. Specializing in grief and loss issues. Kol Haneshama end-of-life volunteer.

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**Aimee Tomczak, LMFT**

1480 Church St  
San Francisco, CA 94131  
Phone: 415-820-1458  
Email: [tomczzaa@sutterhealth.org](mailto:tomczzaa@sutterhealth.org)

Grief services provided: Integrative body-oriented approach including gentle yoga therapy for cancer, grief. Expressive arts, mindfulness, EMDR.

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**Penni Wisner**

3845 17th Street  
San Francisco, CA 94114  
Phone: (415) 552-6579  
Email: [penniw@pacbell.net](mailto:penniw@pacbell.net)

Grief services provided: Cancer group facilitator; cancer consultation and planning for patients.

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**Diane Wilson, MFT**

Agewise Counseling  
1774 Union Street #3  
San Francisco, CA 94123  
Phone: 415-440-1243  
Email: [diane@agewisecounseling.com](mailto:diane@agewisecounseling.com)

Grief services provided: Counseling for grief and loss, individuals, couples and families.

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**Sherri Lynn Wood, M.A., MTS**

Passage Quilts  
San Francisco, CA and Durham, NC  
[www.passagequilts.com](http://www.passagequilts.com)  
Phone: 919-599-7770  
Email: [passagequilts@gmail.com](mailto:passagequilts@gmail.com)

Grief services provided: Creates active bereavement and transition processes utilizing the clothing and materials of life. Offers workshops and presentations.

## Professional Grief Caregivers' Network Program Statement

The **Professional Grief Caregivers' Network (PGCN)** was started in 2003 as a collaboration between the **Bay Area Jewish Healing Center (BAJHC)** and the **NextSteps Mourners Outreach Program of Sinai Memorial Chapel**. Its goal is to support all persons – professionals and lay volunteers – who deal in any way with issues of loss and grief. With the recent program alliance of Sinai Memorial Chapel and Bay Area Jewish Healing Center called “Grief and Growing: Next Steps for Mourners,” all PGCN administrative and organizational support will now be located at the Bay Area Jewish Healing Center. “Grief and Growing: Next Steps for Mourners” clusters existing grief-care services between the Healing Center and Sinai Memorial Chapel to streamline and provide a platform to build expanded grief-care services across a continuum of care.

### The guidelines that support this program are:

- Membership is free of charge and open to anyone who attends at least 2 meetings a year.
- Meetings are held quarterly, from 3:00 pm – 5:00 pm on the 3<sup>rd</sup> Thursday of the specific month determined for the quarterly meetings.
- Guest attendees who work or study issues of loss and grief are warmly welcomed.

### PGCN provides:

- Support from informal discussion amongst individual members at, and in between, formal sessions. More formal support is offered from the starting check-in, when members make programmatic, and/or more personal announcements, and at the 2 meetings a year dedicated specifically to peer support and facilitated discussion.
- Networking opportunities from familiarity with meeting attendees and the described work of their organizations, as well as from handouts and resource materials that are displayed and handed out.
- Educational programs, pertinent to grief-care work, presented preferably, and most commonly, by **PGCN** members at two meetings each year. Topics are drawn from areas of experience and interest amongst the membership, and presentation opportunities are offered to members to showcase their own areas of involvement and expertise for the broader membership of grief caregivers.

### Membership benefits include:

- CEU's (as requested and appropriate)
- Access to the **PGCN** on-line forum, [www.pgcn-sf.org](http://www.pgcn-sf.org), where participants can post their upcoming grief group and healing workshop announcements and communicate with the network in-between meetings.
- Access to the **PGCN** website: [www.jewishhealingcenter.org/PGCN/PGCN.htm](http://www.jewishhealingcenter.org/PGCN/PGCN.htm)
- Listing in and access to the **Membership Resource Directory (MRD)** on-line, and if requested, in print. The MRD primarily includes listings of grief professionals who are members of **PGCN**, with information about their work offerings and grief-care programs. The MRD is updated annually in January.

All administrative tasks of **PGCN** are performed by the “**Grief and Growing: Next Steps for Mourners**” alliance of **BAJHC** and **Sinai Memorial Chapel**. This includes the organization and scheduling of meetings, planning of educational programs, overseeing the on-line PGCN forum, and the creation and maintenance of the MRD.

For additional information, please contact:

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