

YEHI OR:

SHINING A LIGHT ON MENTAL HEALTH/MENTAL ILLNESS

BUILDING A CARING COMMUNITY

Sunday, December 11, 2005 from 12:30pm-5:30pm

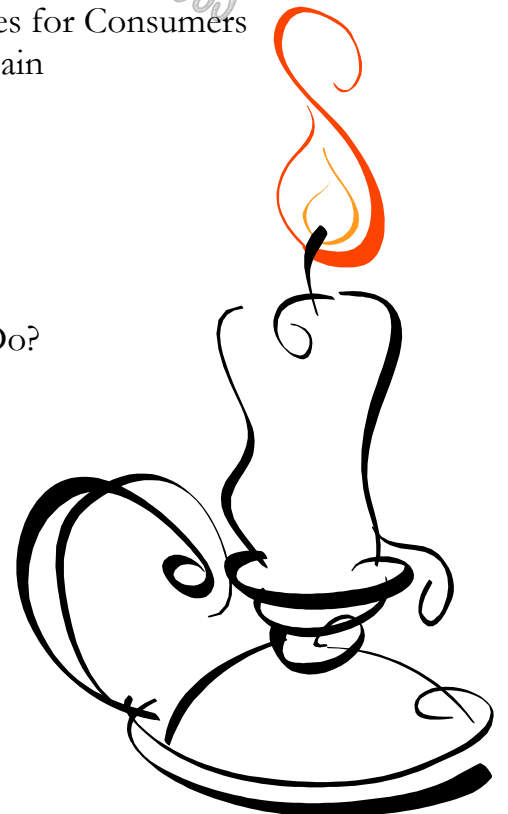
Stress, eating disorders, substance abuse, depression ... Few families are unaffected, according to a recent Surgeon General's report. Let us share these concerns, our experiences and our stories, address the Jewish response, and build support networks.

PROGRAM

- 12:30 – 1:00** Gathering/Registration/Exhibits
- 1:00 – 1:15** Greetings/Introductions/Invocation
- 1:15 – 1:45** Panel
- 1:45 – 2:15** Q&A for Panel (via anonymous 3x5 submission)
- What Helps? Overview of Treatment
 - Coping When You Are in Pain: Resources for Consumers
 - Coping When Someone You Love is in Pain
- 3:20 – 3:30** Break
- 3:30 – 4:30** Break Out B
- When Kids Need Help
 - Senior Moments, Senior Needs
 - Our Caring Community: What Can We Do?
- 4:35 – 5:00** Healing Service
- 5:00 – 5:30** Refreshments, Schmoozing

FREE of charge

For more information please email
mentalhealth@betham.org



This conference is sponsored by Beth Am Women, Bay Area Jewish Healing Center (affiliated with the Institute on Aging), and Jewish Family and Children's Services of San Francisco, the Peninsula, Marin and Sonoma Counties. In cooperation with the Department of Jewish Family Concerns of the Union for Reform Judaism.

We wish to thank The Jewish Community Endowment Newhouse Fund of the Jewish Community Federation of San Francisco, the Peninsula, Marin and Sonoma Counties.