



Because we know that grief does not end with the funeral...

Good Grief: A Mo(u)rning Conference in the Morning

for those who work with mourners

Tuesday, November 8, 2011

8:00am to 1:00pm

Presidio Golden Gate Club, San Francisco

The Caregiver's Quest for Healing: Working with Grief in a Professional Setting

with

LYN PRASHANT, Ph.D., F.T.

Grief effects the body. This can be expressed in many ways. It can inhibit us in other parts of our lives. Lyn Prashant has developed a unique approach to releasing grief that settles into our bodies. It is called "Degriefing". Please join us for a unique morning and learn about somatic grief and how you can use it to help your clients.

*"We can only be available for another's grief to the extent we know our own."
Stephen Levine*

Lyn Prashant is a certified grief counselor (John F. Kennedy University's Graduate School of Professional Psychology) with over 25 years experience in the field. Her training in bereavement counseling and her knowledge of somatic health care practices (she is a certified yoga instructor, massage therapist and physical education teacher) has led her to develop a unique and successful approach to grief counseling called "degriefing".

SITE INFORMATION:

The Presidio Golden Gate Club, San Francisco.

Entrance is on Fisher Loop in the Presidio. Free Parking on-site.

For directions, please visit www.jewishhealingcenter.org/mourningconference.htm

PAYMENT INFORMATION: *

The \$50 fee should be mailed to:

Bay Area Jewish Healing Center, 3330 Geary Blvd. 3rd Floor West, S.F., CA 94118

*For those wishing CEU credits, please add \$10 to your contribution.

CEU INFORMATION:

This Conference qualifies for CEU credits for people licensed in the state of California.

A Certificate of Attendance will be mailed after the event.

We require payment in full, completion of sign in sheets, and evaluations.

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Learning Objectives:

1. Discuss valuable professional skills needed to work directly with and transform the somatic aspects of grief.
2. Recognize ways to identify accumulated grief stored in the body as fuel for our transformation to prevent professional and personal bereavement overload and empathy fatigue.
3. Utilize the Degriefers Toolbox model for assessing and combining appropriate integrative therapies to meet a client's specific needs.
4. Investigate personal values & experiences related to work, boundaries, & self-care.

This educational offering is recognized by Licensed Clinical Social Workers and MFT's (BBS PCE # 3810), by the Board of Registered Nurses (BRN), California Provider # 12938, Psychologists, and by ADEC (Association of Death Education & Counseling) to meet the Thanatology related educational contact hour requirements to be certified in Thanatology: Death, Dying and Bereavement.

We will serve a light Kosher breakfast
graciously sponsored by Leni and Doug Herst
in memory of their beloved son, Scott.

There will be a table for shared professional materials. (Bring yours.)

REGISTRATION INFORMATION:

Attendance is limited. For more information and to RSVP contact:

Pamela Brown, Program Coordinator

Bay Area Jewish Healing Center

(415) 750-3436

pbrown@ioaging.org

This event is made possible, in part, by the generous tzedakah of The Alexander M. and June L. Maisin Foundation of the Jewish Community Endowment Fund of the Jewish Community Federation of San Francisco, the Peninsula, Marin and Sonoma Counties.
We thank them for their support in helping to provide an increased awareness of grief care to the community.